



American
Society for
Adolescent
Psychiatry

AMERICAN SOCIETY FOR ADOLESCENT PSYCHIATRY

2019 ANNUAL MEETING

FRIDAY MAY 17, 2019

INTERCONTINENTAL SAN FRANCISCO

888 Howard Street, San Francisco, CA 94103

Transgender and Gender Non-Conforming Adolescents and Emerging Adults: Best Practices for Psychiatrists and Mental Health Clinicians, Educators, and Parents







In San Francisco, ASAP eagerly presents a very timely conference developed in response to the high volume of queries from clinicians and health care staff seeking to learn about providing high-quality care for adolescents and emerging adults who are questioning their gender identity or who identify as transgender or gender non-binary. This meeting is designed to introduce psychiatrists and other mental health professionals to gender-affirmative mental health care, grounded in research evidence and best clinical practices. Presentations are given by expert faculty specialized in transgender-focused research and patient care. The meeting is appropriate for all members of health care teams, including physicians, psychologists, behavioral health care providers, physician assistants, nurses, social workers, and other staff, school workers, and parents.

Who should attend?

The meeting is designed for physicians, advanced care providers, social workers, psychiatrists, psychologists, endocrinologists, family medicine physicians, internal medicine physicians, plastic surgeons, urologists, gynecologist, pediatricians, and social workers.

PROGRAM SCHEDULE

7:00 - 9:00 a.m.	Registration	
8:00 - 8:45 a.m.	ASAP Business Meeting	
9:00 - 9:10 a.m.		<p>Welcome Stephan Carlson, MD Chair, ASAP Annual Meeting Planning Committee; Assistant Professor of Psychiatry at NYMC; Director of Medical Education and Faculty Development at Brookdale University Hospital and Medical Center</p>
9:10 - 9:30 a.m.		<p>Introduction to Meeting Dan Karasic, MD Clinical Professor of Psychiatry at UCSF; editor, <i>Sexual and Gender Diagnoses of the Diagnostic and Statistical Manual (DSM): A Reevaluation</i>; co-author on revision of the GID diagnosis, <i>Consensus Statement of the World Professional Association for Transgender Health</i></p>
9:30 - 10:30 a.m.		<p>Schonfeld Memorial Lecture: Clinical Strategies to Address Gender Dysphoria in Transgender Youth Richard Pleak, MD Director of Education and Training in Child & Adolescent Psychiatry and Associate Professor of Psychiatry, Zucker School of Medicine at Hofstra/Northwell</p>
10:30 - 11:30 a.m.		<p>Psychotherapy with Transgender and Gender Non-Conforming Youth Diane Ehrensaft, PhD Associate Professor of Pediatrics at the University of California San Francisco and Director of Mental Health at the UCSF Benioff Children's Hospital Child and Adolescent Gender Center Clinic (CAGC)</p>
11:30 a.m. - 12:30 p.m.		<p>Providing Mental Health Care for Transgender Youth in Underserved Areas Nathan Sharon, MD Assistant Professor of Psychiatry at the University of New Mexico</p>
12:30 - 1:30 p.m.	<p><i>Lunch (included)</i> Judging of Poster Sessions</p>	
1:30 - 2:30 p.m.		<p>Working with Families of Trans Youth Shawn Giammattei, PhD Faculty member at the California School of Professional Psychology at Alliant International University, Owner of Quest Family Therapy</p>

2:30 - 3:30 p.m.		<i>Medical Interventions for Trans Youth</i> Stephen Rosenthal, MD Professor of Pediatrics, Emeritus Program Director, Pediatric Endocrinology, and co-founder and Medical Director of the Child and Adolescent Gender Center, at the UCSF's Benioff Children's Hospital in San Francisco
3:30 - 3:45	<i>Break</i>	
3:45 - 4:45 p.m.		<i>Working with Schools to Accommodate Trans Youth</i> Joel Baum, LCSW Senior Director for Professional Development at Gender Spectrum, Professor in the Department of Educational Leadership at California State University, East Bay
4:45 - 5:45 p.m.		<i>Mental Health Care with Emerging Adults</i> Eric Yarbrough, MD Past president of AGLP: The Association of LGBTQ Psychiatrists; Past Director of Psychiatry at Callen-Lorde; Assistant Clinical Professor of Psychiatry at Icahn School of Medicine at Mount Sinai
5:45 – 6:00 p.m.		<i>Presentation of Awards for the ASAP Best Resident Paper in Adolescent Psychiatry and the ASAP Best Poster Session</i> <i>Closing Remarks</i> Theodore A. Petti, MD President, American Society of Adolescent Psychiatry (ASAP); Professor of Psychiatry, Rutgers-Robert Wood Johnson Medical School, Piscataway, NJ

LEARNING OBJECTIVES

Upon conclusion of this program, participants should be able to:

1. Discuss adolescent and emerging adults' development with gender perspective
2. Discuss how patient centered, developmental paradigms to gender might reduce bias and stigma that create disparities and lead to risks
3. Provide initial strategies for appropriate and competent care to gender-nonconforming adolescents and emerging adults
4. Understand the role of providers in promoting culture changes that respect diversity
5. Differentiate assigned sex at birth, gender identity and expression, and sexual orientation
6. Discuss primary and specialized care that may be needed by transgender adolescents
7. Describe the evaluation of adolescents for possible medical interventions, such as puberty- blocking medication and cross-sex hormone treatment
8. Describe how to create LGBTQ and gender-inclusive schools, prevent bias-based bullying, and support transgender and non-binary students
9. Describe how gender dysphoria that persists through the onset of puberty or is increased at the onset of puberty is unlikely to subside

REGISTRATION

	Early Bird (<i>until 4/1</i>)	Regular (<i>4/2-5/1</i>)	Late (<i>5/2-7</i>)
ASAP Members	\$225	\$260	\$285
Join ASAP & Register and SAVE UP TO \$165	\$345	\$395	\$425
Non-Members	\$265	\$300	\$325
Trainees/Students	\$ 45	\$ 60	\$ 75

Please take advantage of the **Early Bird** rates and note registration must be **received by April 1**. From **April 2 through May 1**, regular registration rates apply. The late (after 5/7) and on-site registration fees are the same. After May 7, please register onsite. The registration fee includes a badge with admission to the conference, the opportunity to earn 7.75 CME credits, access to the presentation slides, access to an online ASAP Annual Meeting self-assessment, a continental breakfast, breaks, and a box lunch. The registration fee includes all sessions.

Cancellation Policy: Cancellations before **May 1** will be assessed a \$75 administration fee. From **May 2-7**, a \$100 administrative fee will be assessed. **NO refunds after May 7.**

Hotel: ALL attendees are responsible for making their own reservations at <https://compass.onpeak.com/e/012605156/1>. Rates vary according to the hotel. Please make your reservations by the **April 12, 2019 deadline**.

ASAP 52nd Anniversary Fundraising Reception

Friday, May 17, 2019

7:00 - 10:00 p.m.

Brune-Reutlinger Mansion

824 Grove St., S.F. 94117

(between Webster and Fillmore)

The Brune-Reutlinger Mansion in San Francisco's historic Alamo Square district was designed in 1886 by noted local architect Heinrich Geilfuss for whiskey baron Henry Brune. When Richard Reutlinger bought the mansion in 1965 it was structurally sound but had become drab and dilapidated from neglect after World War II. Richard's home displays not only his antique furniture but also his collection of automated music machines - player pianos, nickelodeons and orchestrions - for your amazement and amusement. Reutlinger is a longtime member of Victorian Society in America. The California Heritage Council has recognized Richard Reutlinger "for restoration and preservation of his Victorian, circa 1886, Italianate style home at 824 Grove Street, San Francisco."



RSVP: A \$100 donation to the **ASAP Education Mission Fund*** is required to attend the reception. Only the first 75 will be accepted. Trainees are free. To make a donation, please [click here](#).

***ASAP Education Mission Fund**

The Education Mission Fund supports psychiatry trainee programs—i.e. Best Resident Paper on Adolescent Psychiatry award and best poster session program. Trainees attend ASAP's meeting at their own expense, whether to attend our meeting or present a poster, and are asked to volunteer in various roles. ASAP is asking for donations from members to support the fund. Donors will be acknowledged in our newsletter and email announcement. A \$10 tax-deductible donation is requested. To donate, please [click here](#).

SPONSOR LEVELS

- Annual Meeting Non-Commercial Sponsor: \$1,500
- Reception Sponsor: \$1,000
- Coffee Break Sponsor \$ 600
- Marketing Insert (w/copies provided) \$ 100

A non-commercial interest means any entity NOT producing, marketing, reselling, or distributing health care goods or services consumed by, or used on, patients.

RESIDENTS: POSTER SESSIONS, BEST PAPER, AND AWARDS

POSTER SESSIONS

Submission Deadline: April 30, 2019

A resident poster session can be presented by a resident who is the primary author, adult or child/adolescent psychiatry resident at an accredited institution, and an ASAP member. Any resident submitting a poster will receive complimentary registration to the meeting. ASAP judges will review all poster sessions to select the recipient of the **ASAP Best Resident Poster Session Award**. The winner will receive **\$500** to offset the costs involved in attending the meeting, will be announced at the end of the May 17 meeting, and receive complimentary admission to the evening reception. Attendees are encouraged to visit the poster session to view the research being presented. For set up and other information, please download our [2019 Poster Sessions and Award flier](#). To apply for a poster session: [click here](#).

PAPER

Submission Deadline: April 15, 2019

ASAP is accepting submissions for the **Best Resident Paper in Adolescent Psychiatry Award** and are seeking outstanding resident papers on adolescent mental health; these can be original research papers, case series and detailed case reports, or review articles. The award includes complimentary registration and **\$1,000** to offset the costs involved in attending the meeting. The winning paper will be considered for publication in *Adolescent Psychiatry*, the official publication of ASAP. Please [click here](#) to submit a paper.

ASAP's Annual Meeting Committee benefited from the hard work and insights of many including Drs, Stephan Carlson, Theodore Petti, Lois Flaherty, Gregory Barclay, William Connor, Sheldon Glass, and Richard Ratner and Mr. Earl Magee.
