



## ABAP Certification Educational Requirements

*Approved and effective 7-1-26*

The American Board of Adolescent Psychiatry is interested in standardizing the educational requirements for sitting for its certification examination to bring the requirements in line with similar specialty boards. The Board is also interested in making it possible for more otherwise qualified candidates to become certified through liberalizing the current CME requirement from the current one year to three years while also creating incentives for candidates to take a relevant review course.

Should there be interested candidates who have completed a Fellowship in Adolescent & Young Adult/TAY Psychiatry, their applications will be considered on a case by case basis by the Board to determine which, if any, aspects of the fellowship (unless ACGME accredited) might substitute for the CME requirements listed below.

Written documentation of the following continuing medical education related to adolescent and/or transitional age youth psychiatry, ***completed at any time during the 3 years preceding application:***

**Option A (Core Curriculum Track):** This track consists of open-access asynchronous lectures and workshops hosted by third parties that ABAP has pre-approved as acceptable CME prerequisites. The courses are currently free of charge and all that is required is that applicants register an account, pass the self-assessments, and at the conclusion, furnish ABAP with your transcript. The Option A core curriculum track is accessed [here](#).

Specifically, Applicants must complete 36 credits chosen from these specific on demand courses (grand rounds and workshops) chosen from these specific core

child/adolescent psychiatry and elective young adult psychiatry courses. Take note: The courses must be AMA PRA Category I Credit Programs.

**Option B (Alternative Self-Study Track):** 36 hours of Category I CME specific to child, adolescent, or young adult psychiatry and subject to ABAP approval at submission, within 3 years prior to application. Note: All CME submitted via this option will be scrutinized at the time for relevancy to the field of Adolescent and Young Adult Psychiatry and will be rejected if not deemed relevant. Candidates are advised to utilize this option with caution as rejection could jeopardize your application.

**Note: Option B sunsets on September 30, 2027, and applications submitted after that time using Option B will be rejected.**