

# The American Board of Adolescent Psychiatry

## Core Curriculum (Option A)

Updated 2-15-26

For those candidates choosing to complete Option A for their educational prerequisite requirement, The American Board of Adolescent Psychiatry utilizes the on-demand, Category I AMA Approved CME courses available through our partner, Sheppard Pratt. These courses are offered to anyone at no charge and cover a wide variety of current issues relevant to Adolescent and Young Adult Psychiatry. ABAP officials regularly review and screen the particular core courses in order to assure that they meet our training prerequisite requirements.

Since on-demand programming expires and Sheppard Pratt is regularly adding new programs to its catalogue the candidate should select from those available at the time within the basic topics listed below to meet the 36 hours required for the core and electives.

If there are difficulties encountered in this process or questions, please direct them to our executive office: [americanboardadolescentpsych@gmail.com](mailto:americanboardadolescentpsych@gmail.com)

### **CORE COURSES - [Child/Adolescent Psychiatry](#) - 18-24 hours**

[https://cme.sheppardpratt.org/course-catalog-list?f%5B0%5D=field\\_course\\_format%3A210&f%5B1%5D=course%253Acourse\\_credit\\_types%3Aama&f%5B2%5D=field\\_course\\_category%3A177](https://cme.sheppardpratt.org/course-catalog-list?f%5B0%5D=field_course_format%3A210&f%5B1%5D=course%253Acourse_credit_types%3Aama&f%5B2%5D=field_course_category%3A177)

### **ELECTIVE Courses - 18-24 hours**

Select only courses pertinent to General Young Adult Psychiatry from these categories:

[Mood Disorders](#)

[Anxiety Disorders](#)

[Suicide/crisis](#)

[Addiction](#)

[Trauma](#)

Remember, once you have completed the 36 required hours of on-demand training, obtain your transcript from your personalized Sheppard Pratt log-in page, download it, and then upload it with your application.